

**FOR IMMEDIATE RELEASE:**

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**House on the Hill Montessori Pre-School announces endorsement of its menu by Ian Marber, independent nutritionist and co-founder of 'The Food Doctor'.**

Singapore, 2<sup>nd</sup> December

A child's diet is a fundamental part of his/her well being, and House on the Hill's nutrition policy reflects this. Its founders have sourced only quality produce to create well-balanced, nutritious meals for growing children – food that will enable them to learn and play in a creative, open environment. That is why we are very proud to announce that House on the Hill's menu has developed with the support and guidance from Ian Marber and has been officially endorsed by him as well.

Ian Marber says: "I am impressed that House on the Hill have taken such a responsible stand on nutrition and am delighted to approve their extensive and delicious menu. Nutrition is the cornerstone of good health and teaching children about food alongside an innovative menu is the most effective way to instill excellent food values in them."

Oliver Bettin from House on the Hill, adds "We are delighted to have been able to benefit from Ian's guidance on our menu. For us a great education starts with healthy and nutritious food. With Ian's endorsement House on the Hill is confident of providing the right nutritional balance for the children to get the most out of their education at our pre-school".

For additional information, contact:

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**House on the Hill Montessori Pre-School**

Situated in a beautiful colonial building in a quiet but central location on Mount Sophia, House on the Hill ensures each child's talents are nurtured in a warm, open and fun environment. Their hands-on curriculum provides individually tailored learning complemented with a focus on native-like pronunciation for its language component. With their collaboration with Nienhaus, which represents the gold standard in Montessori equipment, they pride themselves on staying true to the values and educational excellence of Maria Montessori's approach that provides a solid foundation in all subjects necessary for academic and life success.

**Ian Marber**

Ian Marber is an internationally-renowned expert on diet and nutrition. Ian is a regular contributor to many leading magazines and newspapers, including Marie Claire and Metro, The Times, The Evening Standard and The Daily Telegraph in the United Kingdom. Ian is also an advisor and contributing editor to various health magazines. He has a series on nutrition on the Discovery Channel and has written 11 books on the subject.

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